



RSVP
(808) 895-1563 for information
www.nyungne.org

Kagyü Rangjung Kunchyab Rime Ling of Hilo



New Year's Protector Retreat

January 3-7, 2007

with

Lama Tempa Gyeltshen and Nyungne Lama

Lama Tempa Gyeltshen is a resident lama of Kagyu Thegchen Ling in Honolulu. He is from Bhutan and has completed two three year retreats. This is his second year joining us for this special retreat.

January 3-7 Mahakala Drup Tab, White Mahakala and Five Deities Sadhanas

First session: 6.00am to 9.00am. **Second session:** 10.00am to 1.00pm. **Third session:** 3.00pm to 6.30pm
Same schedule for all five days; the public may sit in for any length of time and absorb the blessings.

During this five day ceremony, Lama Tempa and Nyungne Lama will lead us in Tibetan Buddhist practices to dispel obstacles and create auspicious conditions for the new year. All are invited to donate food, help or money to sponsor this event and thus accumulate great merit. (\$30 donation per day recommended)

Through this practice:

- a) Pacify sickness, hindrances, and troubles.
- b) Increase life, good qualities and wisdom.
- c) Attract whatever Dharma practitioners need and bring people to the Dharma.
- d) Destroy confusion, doubt, and ignorance.

